



FITNESS CENTER CLASS CALENDAR

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
	8:00 AM Sunrise Yoga <i>with Tatiana</i>		8:00 AM Sunrise Yoga <i>with Tatiana</i>		8:30 AM Vinyasa Flow <i>with Coach Walsh</i>	9:15 AM Hot Yoga <i>with Coach Walsh</i>
9:00 AM Silver Fit <i>with Tatiana</i>	10:00 AM Zumba Cardio Jam <i>with Justin</i>	9:30 AM Mat Pilates <i>with Dina</i>	9:00 AM Silver Fit <i>with Tatiana</i>	9:30 AM Mat Pilates <i>with Christine</i>	10:00 AM Power Circuit Bootcamp <i>with Tatiana</i>	
12:00 PM Mat Pilates <i>with Dina</i>			10:00 AM Zumba Cardio Jam <i>with Justin</i>	12:00 PM Power Hour Yoga <i>with Coach Walsh</i>		
	5:00 PM Power Circuit Bootcamp <i>with Tatiana</i>	6:00 PM Zumba Cardio Jam <i>with Justin</i>				

MAKE RESERVATIONS AT THE FRONT DESK, IN THE HOA MOBILE APP, OR SCAN QR CODE HERE:

*NO ONLINE REGISTRATION FOR AQUA FIT CLASS; BILLING OCCURS AT CLASS TIME

